

EL PART A L'AIGUA: EVIDENCIA CIENTÍFICA

Presentació realitzada per la llevadora Laia Casadevall

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Conclusions de la ponencia:

- * El part a l'aigua es una opció vàlida i segura segons evidència científica que aporta beneficis a les mares sense riscos incrementats per el nadó.
- * A més, està associat a major satisfacció materna amb l'experiència de part i menor ús d'intervencions.
- * Totes les llevadores haurien d'estar actualitzades i formades en aquest tipus de naixements per poder fomentar aquesta opció a les dones.
- * Els hospitals han de crear protocols actualitzats per oferir el part a l'aigua segur.